

# Sliding Scale Coaching Application for Becoming You

*For Socially Conscious Leaders & Changemakers*

*A compassionate invitation to receive support*

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number (optional): \_\_\_\_\_

1. What draws you to coaching at this time?

*(Tell me about your journey, what you're navigating, and how you hope coaching can support you.)*

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2. What kind of impact are you currently making — or wanting to make — in your life, community, or the world?

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3. Why are you requesting sliding scale support?

*(This helps me understand your current situation with care and respect. No extensive proof or justification needed — just your honest context.)*

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4. What financial contribution feels possible and aligned for you right now?

Suggested range: \$50–\$150 per session (regular session rate is \$450)

Your proposed rate (USD): \$ \_\_\_\_\_ per session

5. Anything else you'd like me to know?

*(This space is yours — share anything from the heart.)*

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Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please email the completed to [Sabine@BecomingYou.Life](mailto:Sabine@BecomingYou.Life) with the subject “Coaching Application”.

*Thank you for your courage and honesty. I see you and honor your journey.*

*You'll hear back from me soon with next steps.*

Warm wishes,  
Sabine Roden  
Becoming You